

BIRMINGHAM FARMERS — MARKET —



PRODUCE GUIDE

Fruits

	MAY	JUN	JUL	AUG	SEP	OCT
Apples (Fall)	☐	☐	☐	☒	☒	☒
Apples (Summer)	☐	☐	☒	☒	☐	☐
Apricots	☐	☐	☒	☒	☐	☐
Berries (Black)	☐	☐	☐	☒	☒	☐
Blueberries	☐	☐	☒	☒	☒	☐
Cantaloupe	☐	☐	☐	☒	☒	☐
Cherries (Red Tart)	☐	☐	☒	☐	☐	☐
Cherries (Sweet)	☐	☐	☒	☒	☐	☐
Grapes	☐	☐	☐	☐	☒	☒
Melons	☐	☐	☐	☒	☒	☐
Nectarines	☐	☐	☐	☒	☒	☐
Peaches	☐	☐	☒	☒	☒	☐
Pears	☐	☐	☐	☒	☒	☐
Plums	☐	☐	☐	☒	☒	☐
Raspberries	☐	☐	☒	☐	☐	☐
Rhubarb	☒	☐	☐	☐	☐	☐
Strawberries	☐	☒	☐	☐	☐	☐

Vegetables

	MAY	JUN	JUL	AUG	SEP	OCT
Asparagus	☒	☒	☐	☐	☐	☐
Beans (Snap & Green)	☐	☐	☒	☒	☒	☐
Beets	☐	☐	☐	☒	☒	☒
Broccoli	☐	☐	☒	☒	☒	☒
Brussels Sprouts	☐	☐	☐	☐	☐	☒
Cabbage	☐	☐	☒	☒	☒	☒

Vegetables

	MAY	JUN	JUL	AUG	SEP	OCT
Carrots	☐	☐	☒	☒	☒	☒
Cauliflower	☐	☐	☐	☒	☒	☒
Celery	☐	☐	☒	☒	☒	☒
Corn (Sweet)	☐	☐	☐	☒	☒	☐
Cucumbers (Pickling)	☐	☐	☐	☒	☒	☐
Cucumbers (Salad)	☐	☐	☒	☒	☒	☐
Greens (Turnips, Kale)	☐	☒	☒	☒	☒	☒
Eggplant	☐	☐	☒	☒	☒	☒
Lettuce (Head & Leafy)	☐	☒	☒	☒	☒	☐
Mushrooms	LIMITED SUPPLY ALL YEAR					
Onions	☐	☒	☒	☒	☒	☒
Onions (Green)	☐	☒	☒	☒	☒	☒
Parsnips	☐	☐	☐	☐	☒	☒
Peas (Sugar)	☐	☒	☐	☐	☐	☐
Peppers	☐	☐	☒	☒	☒	☒
Potatoes	☐	☐	☒	☒	☒	☒
Pumpkins	☐	☐	☐	☐	☒	☒
Radishes	☐	☒	☒	☒	☒	☒
Rutabagas	☐	☐	☐	☐	☒	☒
Spinach	☐	☒	☒	☒	☒	☒
Squash (Yellow, Zucchini)	☐	☐	☒	☒	☒	☐
Squash (Butternut, Acorn)	☐	☐	☐	☐	☒	☒
Tomatoes	☐	☐	☐	☒	☒	☒
Turnips	☐	☒	☒	☒	☒	☒